

## OUR LADY'S SEVEN SORROWS

- I. The prophecy of Simeon.
- II. The flight into Egypt.
- III. The loss of the Child Jesus in the temple.
- IV. The meeting of Jesus and Mary on the Way of the Cross.
- V. The Crucifixion.
- VI. The taking down of the Body of Jesus from the Cross.
- VII. The burial of Jesus.

### FOUR SPECIAL GRACES PROMISED TO THOSE DEVOTED TO THE SORROWS OF OUR LADY

Our Lord Jesus Christ revealed to Blessed Veronica of Binasco, that He is more pleased in seeing His Mother compassionated than Himself. He said to her: ***“My daughter, tears shed for My Passion are dear to Me; but as I loved My Mother Mary with an immense love, the meditation on the torments which She endured at My death is even more agreeable to Me.”***

PROMISES: Our Lord revealed to St. Elizabeth of Hungary four special graces that are given to those who are devoted to the seven dolours (sorrows) of His Holy Mother.

- 1. That those who before death invoke the Blessed Mother in the name of Her Sorrows, should obtain true repentance for all of their sins.***
2. That Jesus would protect in their tribulations all who remember this devotion, and that ***He would protect them especially at the hour of death.***
3. That Jesus should impress upon their minds the remembrance of His Passion, ***and that they should have their reward for it in Heaven.***
4. That Jesus would commit such devout clients to the hands of Mary, so that She might obtain for these souls all of the graces She wanted to lavish upon them.

### SEVEN PROMISES TO THOSE WHO MEDITATE ON OUR LADY'S TEARS AND SORROWS

In addition to these four graces there are also seven promises attached to the practice of daily praying seven Hail Mary's while meditating on Our Lady's Tears and Sorrows. These seven promises were revealed to St. Bridget of Sweden by Our Lady:

1. I will grant peace to their families.
2. They will be enlightened about the divine Mysteries.
3. I will console them in their pains and I will accompany them in their work.
4. I will give them as much as they ask for as long as it does not oppose the adorable will of My divine Son or the sanctification of their souls.
5. I will defend them in their spiritual battles with the infernal enemy and I will protect them at every instant of their lives.
- 6. I will visibly help them at the moment of their death - they will see the face of their Mother.***
- 7. I have obtained this grace from My divine Son, that those who propagate this devotion to My tears and sorrows will be taken directly from this earthly life to eternal happiness, since all their sins will be forgiven and My Son will be their eternal consolation and joy.*** (They will not go to Purgatory)

The Most Blessed Virgin Mary lamented to St. Bridget of Sweden, that very few people meditate upon, and console Her in, Her Sorrows, and that the greater part of the world lived in forgetfulness of them: ***“I look around at all who are on earth, to see if by chance there are any who pity Me, and meditate on My Sorrows; and I find that there are very few. Therefore, My daughter, though I am forgotten by many, you, at least do not forget Me. Meditate on My Sorrows and share in My grief, as far as you can.”***

Mary will reward us with a grateful love, and, with Her own most loving and powerful blessing, will bless all those who, by compassionating Her Sorrows, show themselves to truly be Her children, while giving the sweetest consolation to Her afflicted heart.

## PRAYERS IN HONOR OF THE SEVEN SORROWS OF THE BLESSED VIRGIN MARY

V. O God, come to my assistance

R. O Lord, make haste to help me

V. Glory be to the Father, etc.

R. As it was in the beginning, etc.

1. We grieve for You, O Mary most sorrowful, in the affliction of Your tender heart at the prophecy of the holy and aged Simeon. Dear Mother, by Your heart so afflicted, obtain for us, and for all men, the virtue of humility and the gift of the Holy Fear of God. *Hail Mary, full of grace... etc.*
2. We grieve for You, O Mary most sorrowful, in the anguish of Your most affectionate heart during the flight into Egypt and Your sorrowful journey there. Dear Mother, by Your heart so troubled, obtain for us, and for all men, the virtue of generosity, especially toward the poor, and the gift of Piety. *Hail Mary, etc.*
3. We grieve for You, O Mary most sorrowful, in the anxieties which tried Your troubled heart at the loss of your dear Jesus. Dear Mother, by Your heart so full of anguish, obtain for us, and for all men, the virtue of chastity and the gift of Knowledge. *Hail Mary, etc.*
4. We grieve for You, O Mary most sorrowful, in the consternation of Your heart at meeting Jesus as He carried His Cross. Dear Mother, by Your heart so troubled, obtain for us, and for all men, the virtue of patience and the gift of Fortitude. *Hail Mary, etc.*
5. We grieve for You, O Mary most sorrowful, in the martyrdom which Your generous heart endured in standing near Jesus in His agony. Dear Mother, in Your agony, obtain for us, and for all men, the virtue of temperance and the gift of Counsel. *Hail Mary, etc.*
6. We grieve for You, O Mary most sorrowful, in the wounding of Your compassionate heart, when the side of Jesus was struck by the lance before His Body was removed from the Cross. Dear Mother, by Your heart thus transfixed, obtain for us, and for all men, the virtue of fraternal charity and the gift of Understanding. *Hail Mary, etc.*
7. We grieve for You, O Mary most sorrowful, for the pangs that wrenched Your most loving heart, at the burial of Jesus. Dear Mother, by Your heart sunk in the bitterness of desolation, obtain for us, and for all men, the virtue of diligence and the gift of Wisdom. *Hail Mary, etc.*

### LET US PRAY

Let intercession be made for us, we beseech You, O Lord Jesus Christ, now and at the hour of our death, before the throne of Your Mercy, by the Blessed Virgin Mary, Your Mother, whose most Holy Soul was pierced by a sword of sorrow in the hour of Your bitter Passion. Through You, O Jesus Christ, Savior of the world, Who with the Father and the Holy Ghost lives and reigns world without end. Amen.

***“Love Mary! She is lovable, faithful, and constant. She will never let Herself be outdone in love, but will ever remain supreme. If you are in danger, She will hasten to free you. If you are troubled, She will console you. If you are sick, She will bring you relief. If you are in need, She will help you. She does not look to see what kind of a person you have been. She simply comes to a heart that wants to love Her. She comes quickly and opens Her merciful heart to you, embraces you and consoles and serves you. She will even be at hand to accompany you on your trip to eternity.”***

- St. Gabriel of Our Lady of Sorrows

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